



OUTDOOR & ACTIVE OLDER ADULTS
JOIN OAOA
FREE FUN PROGRAMS FOR OLDER ADULTS



Lackawanna County
Department of Human Services
AREA AGENCY ON AGING

<u>SESSION DATE(s)</u>	<u>EVENT & LOCATION</u>	<u>START TIME</u>
December 14 Sunday	Meditation for the Winter Solstice: Return to Light <i>The Greenhouse Project</i>	2:00pm
December 21 Sunday	Group Theatre Outing: Sleeping Beauty Pantomime <i>Scranton Shakes Space, Marketplace at Steamtown</i>	2:00pm
January 26 Monday	Mindful Mixed Media with Theresa O'Connor <i>Retro Cafe, Scranton</i>	4:00-6:00pm
January 31 Saturday	Birds & Brew: Focus on Feeder Birds <i>Lackawanna State Park Environmental Learning Center</i>	9:30am
February 7 Saturday	Pottery from the Heart with Experience Pottery <i>The Greenhouse Project or Community Room</i>	10:30 & 1:30pm
February 20 Friday	Birds & Brew: Focus on Feeder Birds <i>Lackawanna State Park Environmental Learning Center</i>	9:30am
March 21 Saturday	DIY Seed Sowing with Greenhouse & Master Gardeners <i>The Greenhouse Project</i>	1:00-3:00pm
March 22 Sunday	Introduction to the Practice of Qigong <i>The Greenhouse Project, Scranton</i>	11:00-12:30pm
March 28 Saturday	Intro to Letterpress: Gelli Prints with Chris Medley <i>Marywood University</i>	12:00-3:00pm
March 28 Saturday	Planning your Garden with Master Gardeners <i>The Greenhouse Project, Scranton</i>	1:00-3:00pm
April 8,15,22,29 Series - Wednesdays	Learn to Play Pickleball (Beginners Only) <i>TBA</i>	5:00-6:00pm
April 18 Saturday	Learn to Fish with LSP Tony Desantis <i>Lackawanna State Park</i>	10:00am
April 27 Monday	DIY Growing Potatoes <i>The Greenhouse Project</i>	6:00-8:00pm
April 28 Tuesday	DIY Furniture Refinishing with Woods & Company <i>The Greenhouse Project</i>	10:00-2:00pm
May 1 Friday	First Friday Walk About <i>Downtown Scranton</i>	5:00pm
May 20 Wednesday	Guided Nature Walk with Naturalist Jane Frye <i>Blakely Borough Recreation Complex</i>	10:00am
June 7 Sunday	Letters After Loss <i>The Greenhouse Project</i>	10:00-1:00pm
June 13 Saturday	Guided Nature Walk with Naturalist Jane Frye <i>Lake Scranton</i>	10:00am
June 19 Friday	Learn to Kayak - (For Beginners ONLY) <i>Lackawanna State Park, North Abington Twp.</i>	10:00am

***Additional dates may be added or changed. For Info or To Register: Programs@ScrantonGreenhouse.org
Or visit our website calendar: www.ScrantonGreenhouse.org***