



OUTDOOR & ACTIVE OLDER ADULTS

**JOIN OAOA**

FREE FUN PROGRAMS FOR OLDER ADULTS



**Lackawanna**  
*County*

Department of Human Services  
**AREA AGENCY ON AGING**

<b>SESSION DATE(s)</b>	<b>EVENT &amp; LOCATION</b>	<b>START TIME</b>
<b>December 14</b> <i>Sunday</i>	<b>Meditation for the Winter Solstice: Return to Light</b> <i>The Greenhouse Project</i>	2:00pm
<b>December 21</b> <i>Sunday</i>	<b>Group Theatre Outing: Sleeping Beauty Pantomime</b> <i>Scranton Shakes Space, Marketplace at Steamtown</i>	2:00pm
<b>January 26</b> <i>Monday</i>	<b>Mindful Mixed Media with Theresa O'Connor</b> <i>Retro Cafe, Scranton</i>	4:00-6:00pm
<b>January 31</b> <i>Saturday</i>	<b>Birds &amp; Brew: Focus on Feeder Birds</b> <i>Lackawanna State Park Environmental Learning Center</i>	9:30am
<b>February 7</b> <i>Saturday</i>	<b>Pottery from the Heart with Experience Pottery</b> <i>The Greenhouse Project or Community Room</i>	10:30 & 1:30pm
<b>February 20</b> <i>Friday</i>	<b>Birds &amp; Brew: Focus on Feeder Birds</b> <i>Lackawanna State Park Environmental Learning Center</i>	9:30am
<b>March 21</b> <i>Saturday</i>	<b>DIY Seed Sowing with Greenhouse &amp; Master Gardeners</b> <i>The Greenhouse Project</i>	1:00-3:00pm
<b>March 22</b> <i>Sunday</i>	<b>Introduction to the Practice of Qigong</b> <i>The Greenhouse Project, Scranton</i>	11:00-12:30pm
<b>March 28</b> <i>Saturday</i>	<b>Intro to Letterpress: Gelli Prints with Chris Medley</b> <i>Marywood University</i>	12:00-3:00pm
<b>March 28</b> <i>Saturday</i>	<b>Planning your Garden with Master Gardeners</b> <i>The Greenhouse Project, Scranton</i>	1:00-3:00pm
<b>April 8,15,22,29</b> <i>Series - Wednesdays</i>	<b>Learn to Play Pickleball (Beginners Only)</b> <i>TBA</i>	5:00-6:00pm
<b>April 18</b> <i>Saturday</i>	<b>Learn to Fish with LSP Tony Desantis</b> <i>Lackawanna State Park</i>	10:00am
<b>April 27</b> <i>Monday</i>	<b>DIY Growing Potatoes</b> <i>The Greenhouse Project</i>	6:00-8:00pm
<b>April 28</b> <i>Tuesday</i>	<b>DIY Furniture Refinishing with Woods &amp; Company</b> <i>The Greenhouse Project</i>	10:00-2:00pm
<b>May 1</b> <i>Friday</i>	<b>First Friday Walk About</b> <i>Downtown Scranton</i>	5:00pm
<b>May 20</b> <i>Wednesday</i>	<b>Guided Nature Walk with Naturalist Jane Frye</b> <i>Blakely Borough Recreation Complex</i>	10:00am
<b>June 7</b> <i>Sunday</i>	<b>Letters After Loss</b> <i>The Greenhouse Project</i>	10:00-1:00pm
<b>June 13</b> <i>Saturday</i>	<b>Guided Nature Walk with Naturalist Jane Frye</b> <i>Lake Scranton</i>	10:00am
<b>June 19</b> <i>Friday</i>	<b>Learn to Kayak - (For Beginners ONLY)</b> <i>Lackawanna State Park, North Abington Twp.</i>	10:00am

**Additional dates may be added or changed. For Info or To Register: [Programs@ScrantonGreenhouse.org](mailto:Programs@ScrantonGreenhouse.org)  
Or visit our website calendar: [www.ScrantonGreenhouse.org](http://www.ScrantonGreenhouse.org)**