



OUTDOOR & ACTIVE OLDER ADULTS

JOIN OAOA

FREE FUN PROGRAMS FOR OLDER ADULTS



Lackawanna
County
Department of Human Services
AREA AGENCY ON AGING

The Greenhouse Project OAOA 2022-2023 CALENDAR

SESSION DATE(s)	EVENT & LOCATION	START TIME
July 21	Guided Nature Walk with Jane Frye <i>Lackawanna River Trail, Archbald</i>	10:00 am
July 28	Learn to Kayak - (For True Beginners ONLY) <i>Lackawanna State Park</i>	10:00 am
August 30	Guided Nature Walk with Jane Frye <i>Lackawanna River Trail, 7th Ave, Scranton</i>	10:00 am
September 1	Kayak - Level 1 (Competent) Group Paddle <i>Lackawanna State Park</i>	6:00 pm
Sept. 6, 13, 20, 27 (4 Tuesdays)	Meditation for Memory Series with Theresa Novak <i>The Greenhouse Project, Scranton</i>	1:00 pm
September 10	Meet The Growers - Guided Farm Tour <i>Indraloka Animal Sanctuary, Dalton</i>	10:00 - 12 pm
September 18	Guided Nature Walk with Jane Frye <i>Lackawanna River Trail, Main St., Carbondale</i>	10:00 am
September 22	Labyrinth Walk - Autumnal Equinox Meditation <i>Covenant Presbyterian Church, Scranton</i>	6:30 pm
October 2	Honeybee & Harvest Day - Fun Family Day! <i>At The Greenhouse Project, Scranton</i>	Noon - 4 pm
October 15	Guided Nature Walk with Jane Frye <i>Trolley Trail, Glenburn</i>	10:00 am
October 4, 11, 18, 25 (4 Tuesdays)	Learn to Play Pickleball (Evening Sessions) <i>Birchwood Tennis & Fitness Club, Clarks Summit</i>	6:30 pm
October 5, 12, 19, 26 (4 Wednesdays)	Learn to Play Pickleball (Morning Sessions) <i>Birchwood Tennis & Fitness Club, Clarks Summit</i>	10:00 am
Oct 27 - Nov 17 (4 Thursdays)	Learn Gentle Yoga - Beginner Level Class <i>At The Greenhouse Project, Scranton</i>	2:15 pm
Nov 1, 8, 15, 29 (4 Tuesdays)	Learn to Play Pickleball (Evening Sessions) <i>Birchwood Tennis & Fitness Club, Clarks Summit</i>	6:30 pm
Nov 2, 9, 16, 30 (4 Wednesdays)	Learn to Play Pickleball (Morning Sessions) <i>Birchwood Tennis & Fitness Club, Clarks Summit</i>	10:00 am
Nov 2, 9, 16, 30 (4 Wednesdays)	Learn to Play Pickleball (Morning Sessions) <i>Birchwood Tennis & Fitness Club, Clarks Summit</i>	11:00 am

The Greenhouse Project - 200 Arthur Ave. Scranton PA
www.scrantongreenhouse.org



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The Greenhouse Project OAOA 2022-2023 CALENDAR (*continued*)

SESSION DATE(s)	EVENT & LOCATION	START TIME
Jan 8 - Feb 26 (8 Sundays)	Pickleball League - For Beginner Class Grads <i>Birchwood Tennis & Fitness Club, Clarks Summit</i>	1:30 pm
March 12 & 19 (2 Sundays)	Printmaking Workshop - with Christine Medley <i>The Workshop, Crow Designs, Adams Ave, Scranton</i>	2:00 pm
Mar 15 - Apr 5 (4 Wednesdays)	Learn to Play Pickleball (Wednesday Mornings) <i>Birchwood Tennis & Fitness Club, Clarks Summit</i>	11:00 am
Mar 16 - Apr 6 (4 Thursdays)	Learn to Play Pickleball (Thursday Mornings) <i>Birchwood Tennis & Fitness Club, Clarks Summit</i>	10:00 am
April 1	Meet Watch Learn - Bead Arts w/ Sunday Olaniyi <i>At The Greenhouse Project, Scranton</i>	2:00 pm
April 15	Meet Watch Learn - Batik w/ Sunday Olaniyi <i>At The Greenhouse Project, Scranton</i>	2:00 pm
April 16	Meet The Growers - Private Guided Farm Tour <i>Spring Hills Farm, North Abington Township</i>	3:00 pm
April 24	D.I.Y. Right Plant, Right Place:Native Pollinators <i>At The Greenhouse Project, Scranton</i>	6:00 pm
May 1	D.I.Y. All About Bees - Talk & Honey Tasting <i>At The Greenhouse Project, Scranton</i>	6:00 pm
May 4	Labyrinth Walk - Meditation for Spring Clearing <i>Covenant Presbyterian Church, Scranton</i>	6:30 pm
May 11	D.I.Y. All About Strawberries - Talk & Plant Sale <i>At The Greenhouse Project, Scranton</i>	6:00 pm
May 21	Guided Nature Walk with Jane Frye <i>Dunmore Walking Trail, Dunmore</i>	10:00 am
June 10	Kayak - Level 1 (Competent) Group Paddle <i>Lackawanna State Park</i>	10:00 am
June 11	Meet The Growers - Private Guided Farm Tour <i>Clum Family Farm, Scott Township</i>	1:00 pm
June 15	Guided Nature Walk with Jane Frye <i>Lake Scranton Walking Trail, Scranton</i>	10:00 am

(Additional dates may be added. Email us for the most recent schedule.)

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